

WORLD ASSOCIATION FOR PSYCHOSOCIAL REHABILITATION



WAPR BULLETIN

Psychosocial Rehabilitation and Recovery Worldwide

WAPR Bulletin is together with the website the major source of communication in our worldwide network. Here we can exchange information, present new ideas for practice-development and training programs, inspire each other in ways of involving service users and family members both in WAPR activities and in local projects. We can encourage the establishment of new branches and together promote recovery and psychosocial rehabilitation around the world. In the WAPR Bulletin we want to particularly focus on human rights and citizenship, community development and community services and social inclusion. We also want to inform about activities and innovations in regions and branches and news about recent research and conferences.

To strengthen our WAPR network we will publish two Bulletins every year: in June and December.

There are seven sections:

- Message by The President
- Editorial
- Articles
- Human Rights and Mental Health
- Sharing Experiences
- Recent research
- Upcoming meetings and announcements

We strongly encourage Regional Vice-residents and deputies regularly to provide “Sharing Experiences” and Quality Rights examples from their regions as well as relevant articles. Brief editorial guidelines follow below. To have a dynamic and inspiring Bulletin we need to act as a worldwide team.

Author Guidelines:

Articles: We invite you to send us articles focusing on various aspects of psychosocial rehabilitation as identified above. The Bulletin is not practicing peer-review. Length: not more than 4000 words.

Sharing Experiences: We welcome brief papers about activities and innovations in regions and branches and news about local research and meetings. We suggest writing in a narrative style suitable for publishing.

Meetings and announcements: We invite you to inform about upcoming events in the various branches both on the website and in the Bulletin. Please be aware of publishing times.

Language: The language of publication is English. Authors having English as a second language must have the manuscript edited by an English-speaking person before submission.

Author Style Guide:

WAPR Bulletin authors' style guide

The WAPR Bulletin welcomes manuscripts that have been prepared following the APA style guide as set in the *American Psychological Association (APA) Manual*, 7th edition. Here are some details on how you can present your work based on the Manual guidelines. For more details, please consult <https://apastyle.apa.org/>.

1. Manuscript Format

1.1 All manuscripts should include a title page, text and references. Tables and figures can also be included. This is the order that these elements should be presented:

- title page (include title of manuscript, names of authors, affiliation and email – the text should follow right under the title and affiliations)
- text
- references
- footnotes
- tables & figures
- appendices

Tables & Figures: can be placed within the text close to where they are mentioned (top or bottom of the page)

Footnotes: Use the function of the word-processor to insert a footnote at the end of each page or place all the footnotes separately after the references.

1.2 Font & Line Spacing

Prefer the font Times New Roman, size 12; 1.5 line spacing.

1.3 Paragraph Alignment, Indentation & Headings

Start each paragraph with an indentation of 0.5 inches from the left margin. Do not use the space bar to create indentation.

The title should be put in bold and centered. The authors' affiliations should be numbered and put centered under the title. An example follows:

Recovery-oriented services in South America.

Mary Williams¹, and John Bates³

¹Consultant Psychiatrist, Argentina (email), ²Chair of User Association, Brazil (email)

3 levels of headings can be used. Level 1 headings should be centered and in bold, Level 2 and level 3 should be left-aligned in bold italic.

2. In-Text Citations

In-text citations can be parenthetical (Author, year) or narrative, when the author is part of the sentence - Author (year).

Parenthetical citation	Recovery has been defined (Anthony, 1993) as...
Narrative citation	As Anthony (1993) suggests, recovery is...

Personal Communication

When using personal communication as a source, the readers will not be able to find it and should be cited in the text only. Provide initial(s) and surname of the communicator and provide a date as specific as possible.

Parenthetical citation	(M. Williams, personal communication, December 10, 2010)
Narrative citation	M. Williams (personal communication, December 10, 2010)

Quotations

Try paraphrasing as much as possible. Yet, you can use direct quotes instead of paraphrasing when reproducing an exact definition, when an author has said something memorable or when you want to respond to exact wording.

Short quotations (fewer than 30) words should have quotation marks and be incorporated into your own text.

Block quotations, exceeding 40 words should start on a new line indenting the whole block 0.5 from the left margin.

3. Bias-Free Language

Make sure you are using inclusive language, taking into consideration the appropriate expressions on age, health and welfare issues and gender. Relating to mental health try to avoid the use of terms such as “patients” and prefer the term “users” or person. Additionally, when talking about services that involve multidisciplinary teams, prefer the terms “mental health services” instead of “psychiatric services”. Prefer the term “mental health problem” instead of “disease” and when discussing about a person who experiences (f. ex.) depression, do not use “the depressed”. Similarly, do not use “schizophrenic” but “a person who experiences the diagnosis of schizophrenia”.

4. Tables and Figures

Avoid using color in the tables and figures. Insert these in word format and avoid using photo format or scanned in low quality.

5. References

A reference list entry as set out in the APA should include four elements: author, date, title and source. The first line should be left-aligned and the subsequent lines should be 0.5 inches indented.

An example of a list entry follows:

Journal article

Farkas, M., Gagne, C., Anthony, W., & Chamberlin, J. (2005). Implementing recovery oriented evidence based programs: Identifying the critical dimensions. *Community mental health journal*, 41(2), 141-158. <https://doi.org/10.1007/s10597-005-2649-6>

Book

In the book citation, provide information on the author, year of publication, title, and publisher of the book. Use the same format for both print books and ebooks.

Thornicroft, G., & Tansella, M. (2008). *Better Mental Health Care*. Cambridge University Press. <https://doi.org/10.1017/CBO9780511544347>

Chapter in an edited book

Shylha, L. M., & Wilson, R. J. (2003). Collaborative Mixed Methods Research. In A. Tashakkori, & C. Teddue (Eds.), *Handbook of Mixed Methods in Social & Behavioral Research*. Sage Publications.

Look into further details for specific examples of citations here: <https://apastyle.apa.org/style-grammar-guidelines/references/examples>

Deadlines for submitting:

WAPR Bulletin 1–2024: 1. May 2024

WAPR Bulletin 2-2024: 1. November 2024

Manuscripts are submitted to Editor Marit Borg: marit.borg@usn.no

The editorial committee looks forward to working together with you!