

## A new QualityRights e-training module on children and adolescents.

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In April 2022 WHO launched its QualityRights e-training to build capacity on rights-based, person-centred care and support for a wide range of stakeholders, including people with lived experience, service providers, decision-makers, civil society actors, families and caregivers, advocates, and other community stakeholders. This e-training is part of the WHO QualityRights global initiative, which aims to improve the quality of care provided by mental health and social services and promote the rights of people with mental health conditions and psychosocial, intellectual, and cognitive disabilities.

The QualityRights e-training is available in 13 languages and includes six modules: human rights; human rights, mental health, and disability; legal capacity; ending coercion, violence, and abuse; quality services and community inclusion; and mental health well-being and recovery. To date, 55,639 people in 155 countries have successfully completed the training.

WHO and UNICEF are collaborating to introduce a new module to the e-training, focused on children and adolescents as part of their Joint Programme on Mental Health and Psychosocial Well-being and Development. This initiative aims to shed light on the distinct human rights challenges faced by children and adolescents with mental health conditions, psychosocial disabilities, and neurological or neurodevelopmental conditions. The module will emphasize the importance of recognizing and safeguarding young people's rights and addresses the barriers they face, particularly in accessing quality mental health services. It will explore the alignment between the UN Convention on the Rights of the Child (CRC) and the UN Convention on the Rights of Persons with Disabilities (CRPD), highlighting how these standards should guide service provision. The module will also outline strategies to support recovery and the inclusion of children and adolescents with various conditions and disabilities in their communities.

The training will include five chapters:

- Exploring the mental health of children and adolescents
- Human rights challenges at the intersection of childhood and mental health
- Understanding the human rights standards set out by the Convention on the Rights of the Child and the Convention on the Rights of Persons with Disabilities
- How to promote a holistic, rights-based approach to care and support for children and adolescents
- How to ensure community inclusion for children and adolescents
- How different groups can promote children's and adolescents' mental health and human rights

As in other modules, each chapter will include videos and written learning materials as well as questions to test what people have learned. In addition, learners will analyze a case study, putting into practice all the learnings from the module.

The new WHO/UNICEF module on children and adolescents will be finalised in 2024 after a series of consultations, and it is expected to be launched in 2025.